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**“Nebraska
School Nurses Conference”
29th Annual
School Health Conference
June 9-11, 2013**

**June 9, 2013—Pre-Session
June 10—11, 2013
Conference Event with Exhibitors**

**Holiday Inn
110 2nd Avenue
Kearney, NE 68847**

**Nebraska School Nurses
29th Annual
School Health Conference**



29th Annual School Health Conference General Information

Conference Fees: Registration includes breakfasts, lunches, breaks, handouts, printed material and contact hour units. Pre-conference (June 9) continuing education is \$15.

Cancellation Policy: Written cancellations received by May 15, 2013 will be refunded less \$50 processing fee. After May 15, 2013, no refunds will be given; however, a substitute participant will be accepted at the original cost.

Special Food Requests/Needs: Contact Sharon Baker at 1-402-430-8196.

Dress in layers to compensate for varying room temperatures.

Emergency Phone: 308-237-5971

Conference Information: Please call Lois Pohlmann, 402-656-3733.

Lodging Information: A block of rooms has been reserved at the Kearney Holiday Inn at the rate of \$78.95 for single/double occupancy which includes taxes for June 9th and 10th. Reservations can be made by calling 308-237-5971 and identify yourself with the School Health Conference Group to receive this special rate. Reservations made after May 9, 2013 accepted on a space and rate available basis.

Certificates for completion of approved continuing education experiences are issued at the end of each day. You will have three certificates for this conference, one for each day with multiple sessions listed.

For NE School Nurse Association members (NSNA or CNSNA): Registration by May 15, 2013 is \$120.00 for two conference days and \$95.00 for one conference day. After May 15, 2013, including on-site registration, fees are \$160.00 (two days) and \$120.00 (one day).

For non-members: registration fees by May 15, 2013, are \$170.00 (two days) and \$145.00 (one day). After May 15, 2013, \$210.00 (two days) and \$170.00.

Participant Directory: Names and addresses of *pre-registered* conference participants will be compiled in a directory to be included with conference materials to all participants. Any person registering for the conference not wishing to be included in the directory must mark the appropriate field on the conference registration form.

Statement of Purpose: This conference is designed to provide school nurses with current and relevant information related to promoting the health and educational success of all students in the school setting. The topics presented offer updates and information on a variety of health and prevention issues prevailing within school health services.

Test Station: Greg Walstrom with Instru-Med will have a station set up to calibrate audiometers and check vision testers at a special conference rate. If interested, bring your equipment to the conference.

29th Annual School Health Conference Registration Form

Register/Pay online at: www.cccneb.edu/conferences

Purchase orders are NOT accepted. Please make checks payable to:

NSNA SCHOOL HEALTH CONFERENCE (Circle below all that apply)

	Postmarked by NSNA or CNSNA Sunday, June 9—Pre-Session		May 15th Member \$15	After May 15th Member Non-M \$15	
	There is no cost for the tour/picnic, however, to participate you MUST RSVP by May 31, 2013 AND be registered and attend the Pre-Session				
2 Day Conference (June 10—11, 2013)		\$120	\$170	\$160	\$210
1 Day Conference Circle Day Attending Monday, June 10, 2013/Tuesday, June 11, 2013		\$95	\$145	\$120	\$170

The Conference Planning Committee encourages you to join one or both of your state school nurses associations. **Central Nebraska School Nurses Association** Annual Dues are \$25 and **Nebraska School Nurse Association**, which includes membership to the **National Association of School Nurses**, is \$120. *Please make your membership checks payable separately* to the organization joining and they will be forwarded for your membership.

Name: _____

D.O.B. _____ Soc. # _____

Organization: _____

Address: _____ City/St/Zip: _____

E-Mail: _____ Telephone: _____

Check here if you do NOT wish to be included in the conference directory.

Amount enclosed: _____ Please make Conference checks payable to:

NSNA SCHOOL HEALTH CONFERENCE
Mail to: Central Community College
Attn: Cheryl Richardson; PO Box 827; Lexington NE 68850

Method of payment: Cash Check # _____

Credit Card Visa Discover Master Card

Credit Card # _____ Exp. Date _____

Signature: _____ Date: _____

Register/Pay online at: www.cccneb.edu/conferences

Program Objectives

Must attend each entire session to receive contact hours

Sunday Pre-Session:

Substance Abuse in School-aged Children: Recent Trends (1.0 contact hour)

1. Analyze emerging trends in substance abuse among adolescents and pre-adolescents.
2. Investigate clinical effects of commonly abused substances used by school-aged children.
3. Develop a treatment strategy for children using substances.

Tobacco-Free Policies—NOT Just Smoke Anymore! (2.0 contact hours)

1. Interpret the current “National Tobacco Free” policy.
2. Analyze school policy indicators for being tobacco free.
3. Appraise a successful school’s implementation of being tobacco free.
4. Investigate the new trendy tobacco products being marketed.
5. Illustrate how Nebraska students are being marketed for new tobacco products.
6. Apply a “No Limits” movement to being tobacco free.

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Monday Sessions:

Why School Nursing Matters (1.0 contact hour)

1. Examine school nursing through a lens of evidence-based practice.
2. Appraise real and potential contributions of school nurses..
3. Why school nursing matters.

Rule 59—Asthma/Allergy Update (1.0 contact hour)

1. Apply Nebraska emergency response protocol trends.
2. Interpret the cardiopulmonary resuscitation (CPR) position paper.
3. Investigate common situations seen with Rule 59 protocols.

A Winning Game Plan for School Wellness (1.5 contact hours)

1. Investigate how Fuel Up to Play 60 (FUTP60) can improve school wellness.
2. Apply a Healthier US School Challenge (HUSCC) to improve school environment.
3. Illustrate how Fuel Up to Play 60 (FUTP60) helps schools win the USDA-HUSCC award.
4. Examine how Fuel Up to 60 and Healthier US School initiatives can help tackle childhood obesity in Nebraska.

Psychology in Schools: Knowledge to Ensure Success (1.5 contact hour)

1. Investigate common mental health issues seen in school systems..
2. Illustrate psychotropic agents commonly prescribed for children with behavioral needs.
3. Differentiate common concerns of psychotropic medications used in children.
4. Relate specific behaviors in children requiring immediate attention.

Concussions, from the Court to the Classroom (2.0 contact hours)

1. Relate signs and symptomology and cause associated with concussions.
2. Investigate management strategies for concussions in both the athletic and non-athletic populations.
3. Appraise an overview of LB 260 relating to participating athletics.
4. Analyze the management of concussions during community based activities and interscholastic activities.
5. Employ the “return to learn” concept for concussion student’s return to the classroom.
6. Ascertain school leadership collaboration in achieving a positive outcome for the concussion victim.

Code # 12-15 CO3 17

Tuesday Sessions:

Saving Lives at School: School Nurses Training Staff to Respond to Anaphylactic Emergencies (1.0 contact hour)

1. Employ knowledge of anaphylaxis management, especially epinephrine administration
2. Appraise the importance for training school staff in epinephrine administration.
3. Organize the needed tools to administer epinephrine using an auto-injector.

School Nurse Involvement in the Special Education Process (1.0 contact hour)

1. Illustrate the basic rights and responsibilities of Individual Disability Educational Act.
2. Examine the Individualized Education Plan.
3. Compare the Individual Disability Educational Act.
4. Examine the role of the school nurse and the Individualized Education Plan and in developing the Individual Health Plan.

Examining Student Use of Technology (1.0 contact hour)

1. Investigate the legal, health and safety issues pertaining to the use of technology.
2. Interpret the roles students play in the use of digital technology.
3. Analyze the prevalence of cyber-bullying, internet safety, sexting seen in digital technology.

Child Abuse and Neglect 101 (CAN101) (3.0 contact hours)

1. Appraise interventions utilized with suspected child abuse.
2. Apply components of Nebraska state Statues §28-707-§28-728, to suspected child abuse cases..
3. Examine situations for potential child abuse and follow through.
4. Interpret the indicators of child abuse.
5. Illustrate the reporting and investigating process used when child abuse is suspected.
6. Differentiate the roles of law enforcement, Nebraska Department of Health and Human Services and Child Advocacy Centers when child abuse is suspected.

Code # 12-15 CO3 18



Sunday, June 9, 2013

29th Annual School Health Conference

Pre-Session

1:00—1:45 pm	Sunday Registration
1:45—2:00 pm	Welcome/Housekeeping
2:00—3:00 pm	“Substance Abuse in School-aged Children: Recent Trends” Dr. Ronald Kirschner, Medical Director Nebraska Regional Poison Center
3:00—3:15 pm	Break
3:15—5:15 pm	“Tobacco-Free Policies-NOT just Smoke Anymore” <i>Bring your copy of your school tobacco policy for this session</i> Jessi Huenink, Program Director “No Limits Nebraska” Andrea Holka, Executive Director “Attack on Asthma Nebraska” Kathy Burklund, Community Health Educator NE Dept. Health & Human Services
6:00—8:00 pm	Sunday Social—Dairy Farm Visit and Picnic Wolfden Dairy Farm Tour Steve & Dan Wolfe

***To participate in this tour/picnic, you MUST RSVP by May 31, 2013
AND be registered and attend the Pre-Session***

The Wolfe family has generously offered to host Nebraska School Nurses Conference members for a tour of the family dairy farm. The Wolfe’s are a great example how a family farm focuses every day on the care of their cows, care for the environment and putting safe, wholesome food on American’s tables. This family is dedicated to passing the family heritage to the next generation while preserving their natural resources. This is your opportunity to see the milking process, see the latest in cow care and nutrient management systems plus dialogue with the family and their team of experts. Hear straight talk on how animals are treated, use of hormones and antibiotics and sustainability practices.

Following the tour, there will be a picnic with burgers, salads and milk. Directions to the farm are as follows: From the Holiday Inn, take Hwy. 44 south 2 miles. Turn right onto V Road and go 2 miles. Turn left onto 23 Road, 1 mile. Farm is 4.5 miles from Interstate 80.

8:00—9:00 pm Planning Committee Members Meeting

Monday, June 10, 2013

29th Annual School Health Conference

7:00—7:45 am	Registration & Breakfast
7:45—8:00 am	Welcome/Housekeeping—Honor guard presentation by Kearney Boy Scouts
8:00—9:00 am	Welcome by Kathy Karsting, RN, MPH <i>“Why School Nursing Matters”</i> Kathy Karsting, Perinatal, Child and Adolescent Program Manager, NE State School Nurse Consultant, NE Dept. Health & Human Services Division of Public Health
9:00—10:00 am	<i>“Rule 59—Asthma / Allergy Update”</i> Andrea Holka, Executive Director, Attack on Asthma NE
10:00—10:30 am	Break & Vendors
10:30—12:00 pm	<i>“A Winning Game Plan for School Wellness”</i> Caryn Kusleika, Health & Wellness Program Manager, Midwest Dairy Council Zainab Rida, NE Team Nutrition Coordinator Jessie Coffey, Nutrition Specialist Jackie Freeman, School Nurse Alan Sarka, Physical Education Teacher
12:00—1:00 pm	Lunch & Vendors
1:00—2:30 pm	<i>“Psychology In Schools: Knowledge to Ensure Success”</i> Margaret L. Shepherd, Therapist/Art Therapist
2:30—3:00 pm	Break & Vendors
3:00—5:00 pm	<i>“Concussions, From the Court to the Classroom”</i> Russell J. (Rusty) McKune, Sports Medicine Coordinator—NE Medical Center
5:15—7:00 pm	CNSNA Annual Meeting, Election of Officers and Meal
7:00—8:30 pm	NSNA Annual Meeting & Election of Officers

Tuesday, June 11, 2013

29th Annual School Health Conference

7:00—7:50 am	Breakfast
7:55—8:00 am	Welcome and housekeeping
8:00—9:00 am	<i>“Saving Lives at School: School Nurses Train Staff to Respond to Anaphylactic Emergencies”</i> Carol Tucker, State School Nurse Consultant, Child Health Program Manager
9:00—10:00 am	<i>“School Nurses Involvement in the Special Education Process”</i> Jill Weatherly, Program Specialist NE Department of Education
10:00—10:30 am	Break & Vendors
10:30—12:00 pm	<i>“Examining Student Use of Technology”</i> Karen Haase, Attorney/Partner
12:00—1:15 pm	Lunch NSNA and CNSNA Awards Presentation of New Officers
1:15—2:30 pm	<i>“Child Abuse and Neglect 101 (CAN 101)”, part 1</i> Jamie Vetter, Director/Forensic Interview Specialist Jaylynn Graham, Team Coordinator/Forensic Interviewer
2:30—2:45 pm	Break—Conference Evaluations due
2:45—4:00 pm	<i>“Child Abuse and Neglect 101 (CAN 101)”, part 2</i>
4:00	Adjourn
4:15—5:00 pm	Planning Committee Wrap-Up Meeting

Continuing Education:

Full Conference:	16 contact hours awarded
Sunday:	3 contact hours awarded
Monday:	7 contact hours awarded
Tuesday:	6 contact hours awarded

Central Community College is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.